



SMART BATHROOM SCALES

MONITOR YOUR WEIGHT AND BMI OVER TIME



GETTING STARTED GUIDE

1 UNPACK

Unpack and check to make sure you have all elements with the Smart Bathroom Scales.

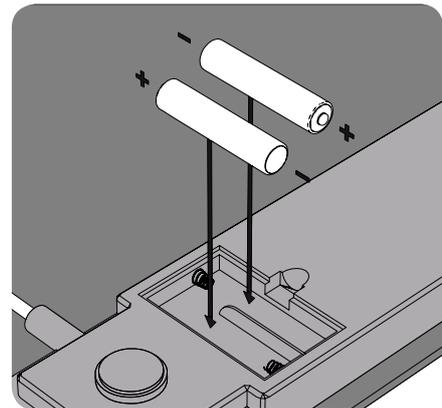
You should have the following:

- 1 x Cocoon Smart Bathroom Scales
- 2 x AAA Activ Energy Batteries
- 1 x Manual



2 INSERT BATTERIES

Insert the 2 x AAA batteries as seen in the diagram to the right.



3 DOWNLOAD APPLICATION

On your compatible iOS or Android device, search for “Health Scale” and download application.

Alternatively, you can scan one of the below QR codes to be taken directly to the download page.



For iOS Devices



For Android Devices

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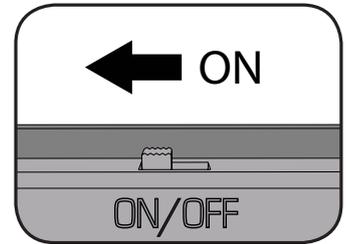


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4 TURN ON SCALES

The On/Off switch is located on the bottom of the scales, ensure that it is switched to “On”.

If the scales are not going to be used for a long period of time, ensure the switch is set to “Off”, and the batteries are removed.



5 OPEN APPLICATION ON YOUR PHONE

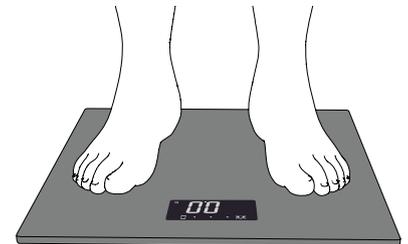
Open the Health Scale application on your smartphone and enter the activation code 100102.

Note: This will only show up the first time you open the application



6 WEIGH YOURSELF

Stand on the scales with the app open on your device. Once the scales have weighed you, they will wirelessly communicate with your smartphone, and you should see your weight show up on the screen.



7 VIEW HEALTH

After your weight has been input into the Health Scale application, you can press the “Health” button to get an overview of your current health.

